

Full Report (All Nutrients) 45001801, RICE, UPC: 5051379025632

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Information provided by food manufacturers is label data. Manufacturers are responsible for descriptions, nutrient data and ingredient information. USDA calculated values per 100 {0} from values per serving.

Food Group : Branded Food Products Database

Manufacturer FRESH & EASY

Nutrient	Unit	Data points	Std. Error	0.25 cup 45g	1 Value Per100 g
Proximates					
Energy	kcal	--	--	160	356
Protein	g	--	--	3.00	6.67
Total lipid (fat)	g	--	--	0.00	0.00
Carbohydrate, by difference	g	--	--	36.00	80.00
Fiber, total dietary	g	--	--	1.0	2.2
Sugars, total	g	--	--	0.00	0.00
Minerals					
Calcium, Ca	mg	--	--	0	0
Iron, Fe	mg	--	--	1.80	4.00
Sodium, Na	mg	--	--	0	0
Vitamins					
Vitamin C, total ascorbic acid	mg	--	--	0.0	0.0
Vitamin A, IU	IU	--	--	0	0
Lipids					
Fatty acids, total saturated	g	--	--	0.00	0.00
Fatty acids, total trans	g	--	--	0.00	0.00
Cholesterol	mg	--	--	0	0

Amino Acids

Other

Ingredients

CALROSE RICE ENRICHED WITH NIACIN, IRON, THIAMIN MONONITRATE, FOLIC ACID. *Date Last Updated by Company:* 01/10/2014